

IS MAN HIT BY A NEW WAVE OF EXTINCTION?

Jagdishomrityunjay

Two minutes summary

Extinction is a geo-biological phenomenon. Every species of plant or animal lives for a pretty long time after its appearance - mostly in geological time-scale from a million to a few hundred million years. Then, the population shrinks in numbers fast and become extinct. Some of the major extinctions are like waves causing mass-scale elimination of animal or plant species. One such wave hit the earth between 12 and 10 thousand years ago that finished polar elephants - giant mastodons and woolly mammoths. It was associated with terminal Pleistocene warming when *temperatures* and *consciousness* levels rose together all of a sudden. A peculiarity of this extinction was that the ruling giants, the pachyderms, died in inactivating and hypnotizing peace. A mammoth has chosen to sit and sleep for death in preference to eating, living and roaming.

Variation of consciousness in atmosphere is similar to temperature or humidity; but, the three are independent though inter-related often. All the three are perceived separately and independently by the human body instinctively. Consciousness, however, being non-apparent among men excepting Yogis, is never recognized as a distinct entity. A contribution of Malavika on the recent temperature deviation confirms and corroborates a humanly felt consciousness-fluctuation documented twenty years ago. It also establishes a faster jumping of the two attributes together as happened during the Last Glaciation.

Possibility of a new wave of extinction affecting human beings in coming centuries looks imminent due to some recent clinical cases. A cute little lady complained of her suddenly deteriorating health during past months: first it was cervical (spondylitis); then, thyroid; and now numbness of her fingers. She cannot walk longer distances now. As per her physician, these symptoms of eighties have crept in her during forties. A similar sudden deterioration is also seen in another woman (53) who gets tiredness even after a short walk. So are the abnormally rising numbers of Diabetes patients with old-age-degeneration symptoms. Even

children are affected, it is seen; they stop eating food under high impact of consciousness in the atmosphere. Seemingly extinction like the Last Glaciation is on prowl. Sadly, there isn't any medicine for mass-mortality it will bring fore.

Will the existing man survive the recurrence of extinction corresponding to terminal Pleistocene warming commencing with the twenty-first century? It remains is a big but unresolved question. Big because it may wipe out man on the earth helplessly like mastodons; unresolved because it is too early to predict its exact impact in future based on a rising consciousness-temperature trend of 30 years.

Introduction

EXTINCTION is a geo-biological phenomenon. Plant or animal species live for a pretty long time after their appearance – from a million to a few hundred million years – before the population shrinks in numbers fast and become extinct. It doesn't apply however, to mammalas. The life-span of some mammalian vertebrates is quite short often – even up to a few thousand years. Hefty Neanderthal man, roaming in Europe during Middle Paleolithic (75-35 Kyras ago) come to an end, rather suddenly, at 32000yr datum. Also, woolly mammoths, abounding around 25,000 years ago, shank during last lap of the Last Glaciation; and, were mostly extinct by 10,000 years ago albeit some survived till the last mammalian extinction in North America six thousand years ago (1, p.256, fig. 11.9). In either case the extinction peaks lie during accelerating temperatures at the end of Middle Paleolithic (1, p. 53, fig. 4.3; 32 Kyras ago) and the end of Paleolithic period. Most lethal was the disappearance around 10 thousand years that finished innumerable polar elephants.

The cause of extinction is mostly the inability of a biological population to adjust with the changed environment around. Major changed environments on global scale that trigger mass-scale extinctions of animals or plants do not restrict to elimination of a few species. Often, these finish a bundle of species in a *wave of extinction*. Last such wave affecting mammals commences around 15 Ka (Kilo-annum) with global climatic amelioration. It has its crest between 8.5 and 7.5 Ka; and, it terminates at 6 Ka (idem).

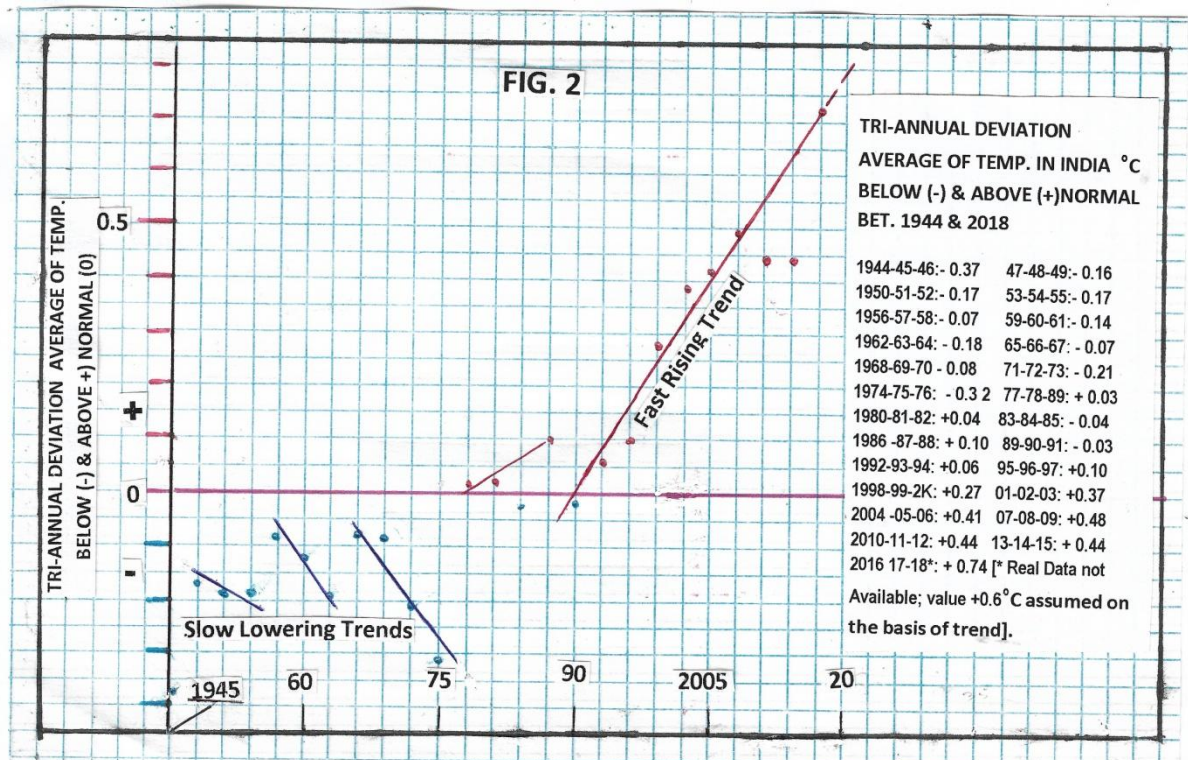
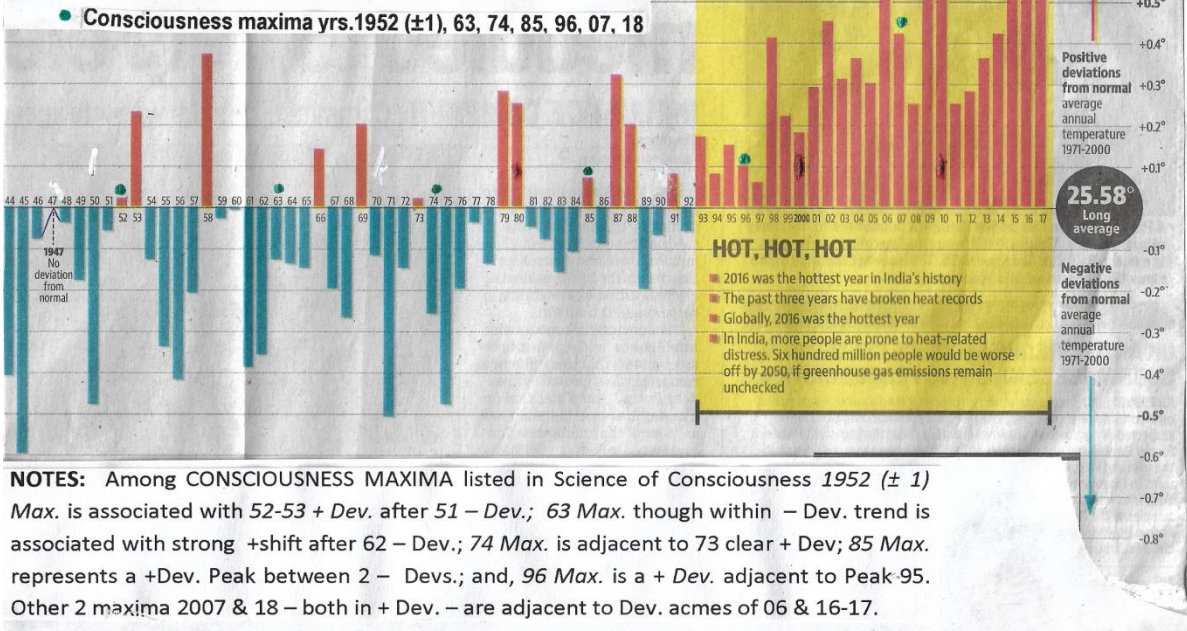
Rising temperatures these days on global scale, year after year, are bound to wreak havocs on some plants and animals in near future. Even the ruling man is in the news of tyranny viz. “Two thirds of India sizzling under one of the longest spells of heat recorded in 20 years as scalding temperatures killed four train passengers, drained water supplies, forced people to cross international borders to soothe parched throats and drove thousands of withered tourists to hill stations already bursting at the seams (Hind. Times 12.6.19).” Environment on the earth seems be changing fast towards hostility due to rising temperatures.

An article by Malavika in 2018 drew my attention in the context above. It illustrates deviation of Indian temperature annually from the Long Average Normal (Reproduced partially in Fig. 1). In a Tri-annual average plot of temperature deviation emerges a steep-positive-deviation trend of 1° in about 30 years commencing with year 1990; and, it turns vigorous since 1998 (Figs. 1,2). During the past twenty years after 1998 the wrath of temperature is galloping, the referred news report suggests.

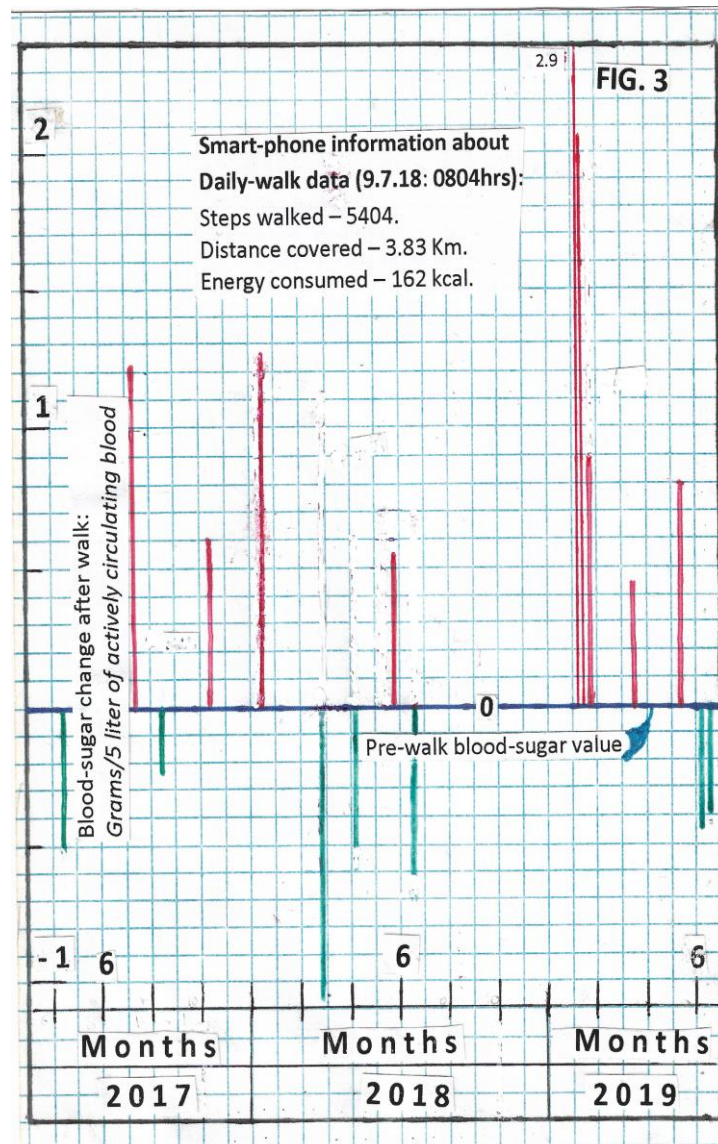
Lifted from: HINDUSTAN TIMES, NEW DELHI,
THURSDAY, JULY 05, 2018.

FIG. 1

AUTHOR: Malavika Byavahare; TITLE : Inching.. normal.



Steep positive deviation between 1990 and 2020, bringing precipitous temperature change in a short time, is no uniqueness on earth. It is suggested by a change in temperature in an ice core from Greenland in a comparatively recent time (2, fig. 10). Temperature shift of 12.5° is seen in just two hundred years between 11.7 and 11.5 Ka. This is the period when mastodons and mammoths were dying *with comfort* in large numbers; and, they brought their species to an end by an additional 1.5 Ka when the rise tapers off (Box 1). It was in contrast to temperature-stricken dead of the train in the newspaper report. Shooting up temperature and its agony did not kill the mammoths and mastodons. It's clearly was an unnoticed, all pervading consciousness that caused extinction. The energy, operating strongly in mammals has potential to induce peaceful sleep (every night!), generate anoxia during physical activity & pump sugar in blood (Fig.3)

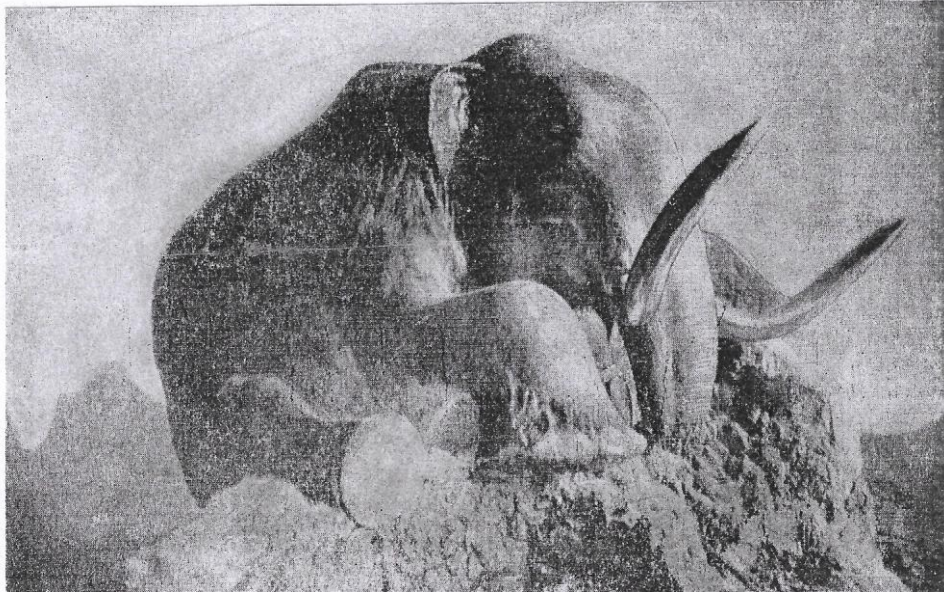


It wasn't the rise of temperature that finished the largest mammal on the earth in agony, grief and pain, as we often witness in day to day life. Instead there was some attribute associated with fast rising temperature, unknown to us. It induced in these ruling giants such an inactivating and hypnotizing peace that they chose to sit, sleep and die in preference to eating, living and roaming. What is such an attribute, which we may expect would be operative again, to hit the mammalian or even large-sized avian species in near future due to expected steep rise of temperature of the present and next century? Will it not also kill over-active and mentally ruling men like the mammoths and mastodons of recent past is a moot question before us?

We will try to understand, analyze and solve the questions raised above in the pages to follow because it could eliminate homos on the earth within a few centuries. A fundamental question relates to an unknown active attribute of consciousness and its mechanism to kill and eliminate mammalian species in peace rather than agony precipitated by rising heat. Besides, projection of steep rising trend of future temperature for 200 years, as

speculated from present temperature for thirty years in India and its correlation with the Greenland ice-core, needs a confirmation by additional data of two or three decades more. Further, studies are also needed to establish firmly the biological changes in homo conceived here as consciousness and anoxia driven and as causative of extinction.

BOX – 1



Discovered in a glacier in Siberia in 1903 was a perfectly preserved sleeping mammoth. Its mouth contained grass as fresh as the animal was chewing when it fell asleep with little desire to have any further food. It never woke up again and died in sleep. Thereafter, it was buried deeper and deeper in ice as it sunk in the glacier with time. Such a death is not possible under intolerably rising temperature of a scorching sun. It is some attribute of the then rising global temperature on the earth instead of rise in temperature itself. The well preserved pachyderm, as if it's living, suggests so.

A Correlative of Temperature beyond Science

In 1983 October, when I landed in the coastal town of Bordeaux in France with a body-weight of 60 kilograms I was in Brahm Sate breathing freely the vital-airs (Brahm, Praan or Anil) from the atmosphere at Vadodara on 20° N; and, there was a conviction about truth in the common Indian phrase ‘true experiential knowledge about Brahm is its omnipresence (सत्यं ज्ञानं अनंतं ब्रह्म). A Upanishad is quite emphatic “ Brahm is in front; it is behind as well; so is also its presence in the left, right, above and below” (Mund.2.2.11). Properties of Consciousness regime Brahm and our existence as two body-system – immortal and mortal – are elaborately understood in the Upanishads and related literature. There was a surprised at Bordeaux at latitude 45° N, however. Brahm was found

missing at Bordeaux*; and, even after standing for half an hour under Midday Sun I could not mitigate my problem of breathlessness of Praan-vaayu (vital airs).

Brahm or perceptible breath-like vital air, as I understood and experienced in India, was found missing at 45° in France. I turned into a glutton, instinctively, to mitigate my everyday nagging problem of breathlessness: and, to my satisfaction the annoying problem was over when my body weighed 68 kilograms.

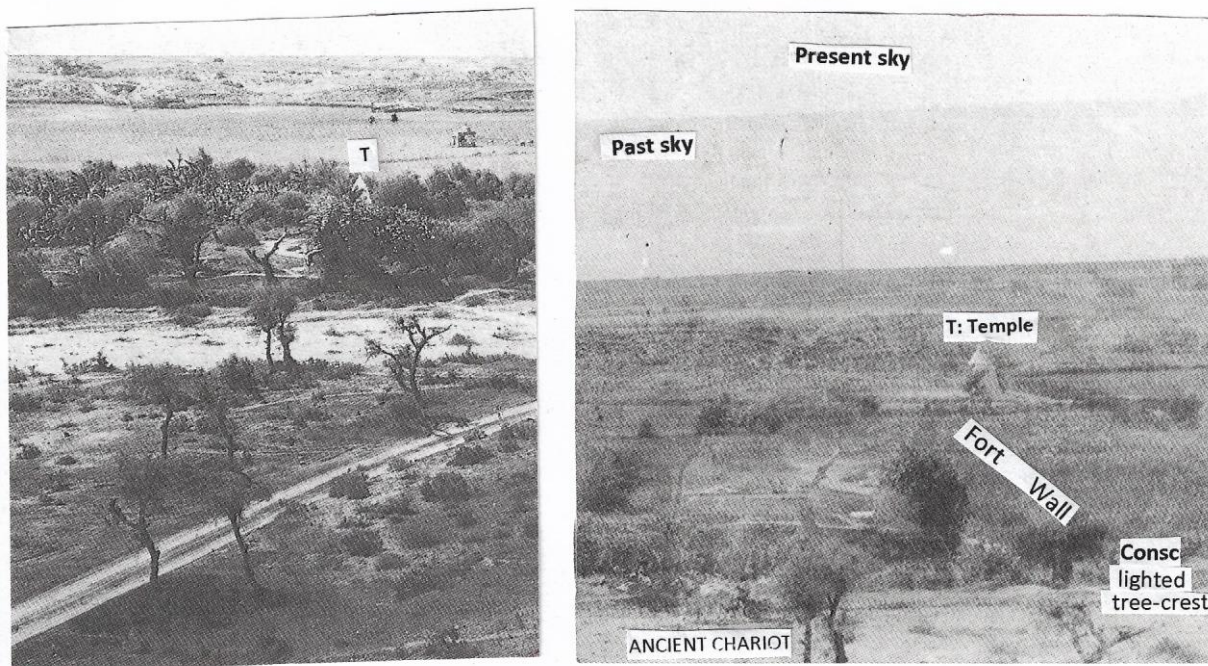
Two body concept of Upanishad-cult was recounted: living man has two bodies – a mortal (physical) and another (psychic) immortal; all born are mortal but hidden behind (in them) is immortal (Gita 15.16). It was also possible to infer, in view of the increase of body-weight by 8 kilograms or 13%, that Bordeaux or, for that matter, whole Europe, where modern science had its birth in eighteenth through twentieth century, is deficient in Brahm or free breathable consciousness by 13 + %. Free-breathable-consciousness is lacking Europe; it is compensated by required weight of the physical body, however; and people are unable to feel a substance like Brahm or atmospheric consciousness due to limitation of their biological system, sustained essentially by physical body and organic food.

Concept about consciousness as a milieu around or an immortal psychic self, no wonder, is missing in Europe's or Western scientific world, therefore. However, a few psychiatrists have realized there, of late, that death does not kill us forever; we get reborn again as understood in the two-body concept of our life prevailing in India (3). A young psychiatrist (4, p. 36) who had never believed in reincarnation and soul came to know, some years later, through his subject under hypnosis "It is 1556 BC. The land is barren. My father's name is Perseus My father knows you (psychiatrist Dr. Brian Weiss, alive even then with a different body)" (4, p.39). The living psychiatrist of the West discovers his past space-time existence, through a medium, nearly 140 births after. In a consciousness super-charged India inhabited by Yogis, it is not the medium who discloses the past life of an individual; a Yogi comes to know it along with his misdeeds, and karma-inflicted miseries of today himself in *Braahman* state. **J.** was with a Khasi queen Malun, killed at her feet in the present life for his foul act of murdering her 1200 years ago (5, p. 9); and, at Catal Hoyuk stood 8000 yrs+ dead, emotion charged girl Dansatim crying with an accusing finger towards him "You are a wolf, sly and deceitful... You are a liar and coward both ..." (idem p. 228). Space-time doesn't exist for a perennially living self; nor do his or her karmas and miseries of mind of a life vanish with the death. Retribution till justice or victory alone continues in the world psyches (of dead).

Near zero understanding about physical characteristics of consciousness regime in Europe (Box -2) or its varied attributes related to human system (Box-3) are an evolutionary limitation imposed by geographic factors on high-latitude de-pigmented blonde people. Contrarily, there is deep knowledge of Brahm in the Upanishads; and, it is practiced routinely by Yogis/ Brahms in India (Box - 3). They feel the variations in Brahm regime like common men feel day to day changes of the physical environment – it's hot, sultry or cold. Some of these attributes are lifted from the note-book of the author to illustrate the point (Box – 4).

* It forms a complex subject, not discussed here.

Box – 2

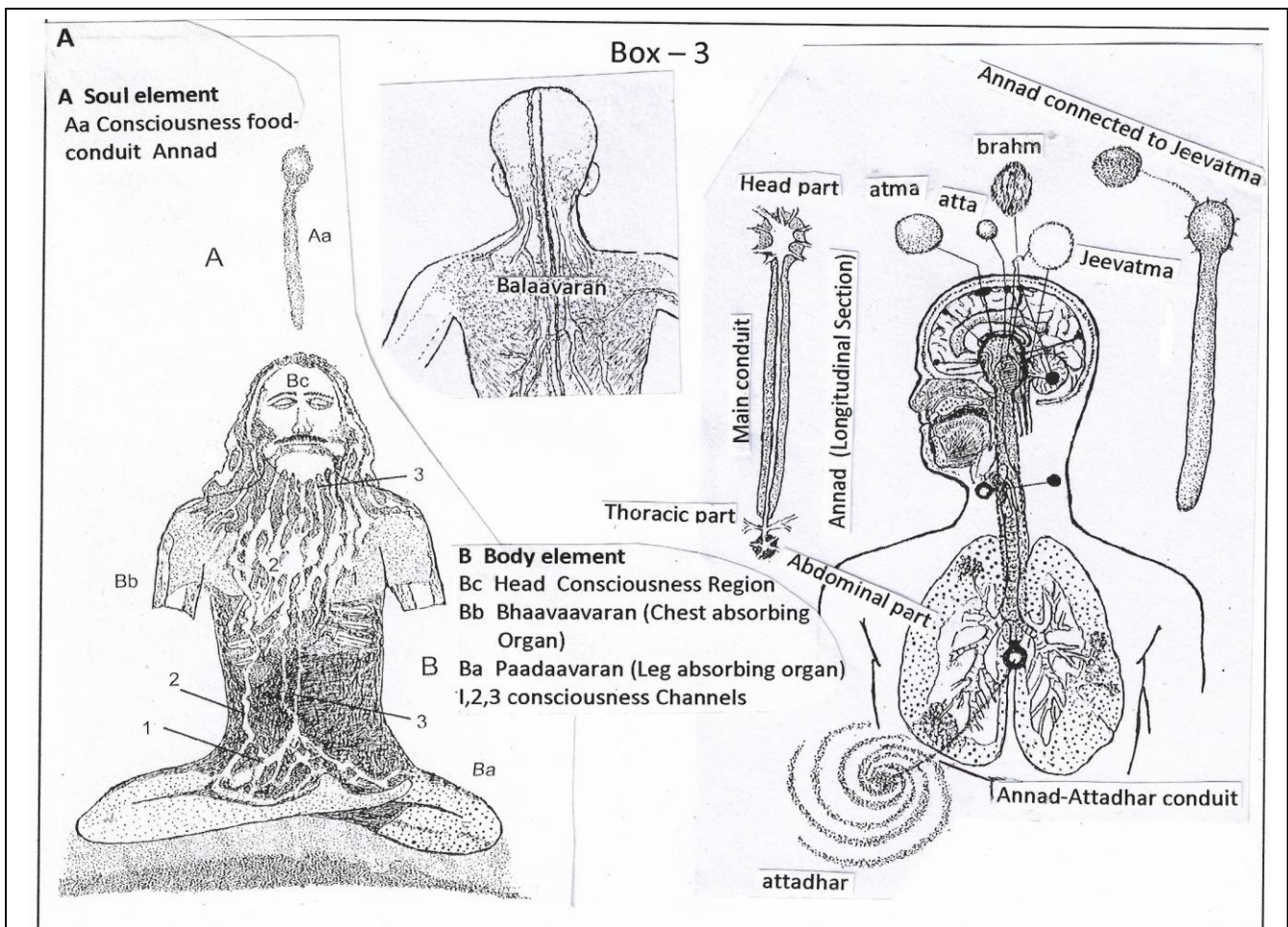


Physics of Consciousness Regime came to light in a freak photograph of Lakhpat (1. P. 180; Fig. 9.6 & 9.9) depicting a scenario of the past-time-frame of 1800 BC embedded in the present; and, the scene of the past lasted no more 30 seconds . The past time-frame captured by the camera is like a cone; and the boundary between the past and the present skies is a straight line (Rt. Figure). Notably, the present or photonic radiation illuminates only the present scenes; it has no role in the illumination of the past objects. Also, the exposure contrast across the present/past line (Rt. Fig.) suggests that the radiation depicting the past objects is anti-light or anti-photonic; and, the radiation in the time-cone has eliminated most images formed from sunlight. The past illumination constitutes an active domain of anti-light or darkness, so to say, that has devoured the photons of sun light while figuring fort-wall and other features of past from the east to west.

The 'brightness' of the dark radiation, at the sky-line and that on the vegetation or ground east of the Temple (T in figs. L & R above) is one and half times of the photonic radiation of sun approximately. Part of the dark radiation, equivalent to the present brightness of the sky due to sun, has annulled the solar-radiation-impact on the film, firstly; and, secondly, activated halide in the film equivalent to half the brightness of the present sky. The dark radiation, restricted only to past, is considered as consciousness. It is independent of solar radiation because the sun, extant features on earth and photons illuminating the present objects can, in no way, illuminate a time-frame on an earth left behind in galactic space 3800 light years behind. Nothing except the dark galactic radiation of consciousness, emanating from the black-hole at centre of Milky Way, could create a halide image on Earth's surface of a long gone past.

That the Lakhpat-dark-radiation is life-sustaining for the 'dead' psyches that are unable to avail energy of organic food after elimination of physical body is also quite evident. In a story of dead Siva coming to life again after two months (1, p. 159). The woman, 23, died on May 19, 1985 when her imperishable body turned a free-floater in the sea of consciousness, like jelly fishes living in the sea. Two months later, on July 19, ethereal self of Siva spotted a dead body of young Saviri, 22 years old, some 50 kilometers away. The psychic body of Siva joined and took over the physical body of Savitri. Her action turned Siva alive once again. Two months after her death Siva started living as Savitri. Siva's psychic self was nurtured for two months by galactic consciousness energy.

Man has no organs to see or feel darkness; nor is there an instrument to quantify the dark consciousness radiation photographed at Lakhpat. Scientists have, for decades, a concept of black holes and an endeavor to photograph one of these looks like succeeding after half a century or so when hundreds of high caliber physicist are striving to earn their bread through black hole. The consciousness-linked dark radiation of Lakhpat, discovered by scooping a time-frame 3800 years old, falls in the same category. It is more valuable than coveted black-hole of today. Lakhpat-dark-radiation is life-sustaining consciousness of ours, we have learnt now.



Anatomy and physiology of a psyche could be understood by a- an invisible disintegrated psychic body of a Yogi appearing in a photograph in Himalaya (6, p. 63, Fig. 3.4) and experience of gathering and moving consciousness by a Yogi in his body.

A psyche has four distinct organs of absorbing consciousness when associated with a living body. Head capped by hair is the highest organ controlled by jeevatma or the presiding element of the breathing body. The mid-body has vital organs of frontal chest-plate (Bhaavaavarana) and corresponding rear scapular plate (Balaavarana) connected to the head through multiple channels (Fig. Left). Down below is the third principal organ of absorbing consciousness – a pair of legs. Excluding the head, the other organs are associated with muscles. Among these, the lower organ is passion-reproduction energy-holder; and the chest-back segment holds emotion-valor energy. The two together ensure reproduction and raising the progeny for continuation of species. Essentially these functions are common to all animals; and, the minds deeply involved in them after youth – singing and dancing with passion –are not above animals.

Head segment has complex functions not seen or developed rudimentarily in some mammals like dogs. It is directly under the command of jeevatma. Thinking and thought power or command potential and mantra strength belong to this part. It also has a very vital role in generating Praan/Ann or food of consciousness for the attadhar or soul (Fig. Right). In the first place, a hungry man's head in the tropics, receiving copious sun, gathers neutral consciousness in the third segment of the head. An invisible apparatus called *annad* connects the head and stomach. Annad draws this consciousness, absorbed by the cerebrum (II head -segment) from segment III routinely, and sends it to stomach in the same pulse of air entering in the lungs (hence breath-air). It kills hunger and moves partly to attadhar too. A cycle vice-versa starts after a person has his meals. It reaches from the body organs to Jeevatma, which passes it on to the attadhar – the final beneficiary of the food earned by the body.

In the dead, annad has no function. It is ejected out of the body, therefore (Fig. Left)

Box – 4

Notebook Jottings: 22.10. 18 0715F 182; Wt. 61.5; Nubness of the left hand begins (due to reduced solar radiation); Sun position $11^{\circ}\text{S} + 30.5 = 41$ // **3.3.19** Energy-absorption of Pawan resulted into: a) Energy enhancement of the self & Neutralization of Agiaari Aag Nargis/ Nargis daughter by lunch // **8.4.18** Slum Budh's 6th Birthday//**15.4.19** F0800 365 Weakness; weakness terminates (by) midday//**19.19** After walk F 360 (hunger feeling) //**15.5.19** Extra-High cerebellum activity, Peace; BP 143S-67D-47P (v. low pulse) F296 at 0750//**17.5.19** Weakness or *Extreme Neutrality* due to cerebellum activation at 0820 hrs; F 307; BP 160-60-51 possibly (due to) cerebellum activity impact //**26.5.19** तबीयत हल्की (feeling light) after chaos commencing 2.5.19; Wt. 58; BP 150-60-54; 0700 F 255//**30.5.18** Weakness, cooling of hrit (inducing comfortable feeling), age on face; legs light; 0750 F292 BP 139-58-52 Temp. 98//**3.6.19** High III segment activity; leg-muscle's weakness; BS 0715 F355, Pre-supper (1940hrs) high 600+; No supper; high drawl from atmosphere through III segment; (Consciousness-movement- route) Cerebellum ——— Hrit → Liver (and visceral and thoracic ganglia or chakras associated with.)
+ ——— Spinal cord → Mooladhar → hip muscles → calf muscles);
प्राणान्त (Dying moment) Perception// **4.6.19** Wt. 57 Kg; BP139-64-58 0700 F 310.

Consciousness Flux and Temperature Deviations

Experiential perception of consciousness in my life by the sensitive body-mind system suggested that the former is not a constant feature in the nature. There were short spans of 3 years wherein its impact moved fast to a high crest and then waned as fast toward a longer low. Years of the mind-ameliorating, moralizing and peaceful crests were recounted and listed in *Science of Consciousness* (p.255). Twenty years after its publication the topic reopened again with a pleasant surprise in the scientific domain. Malavika's article on the deviations in the Indian temperature regime revealed that each crest felt by me corresponds to a high positive-deviation-shift (Figure – 1); the correlation is so perfect that we can say ***consciousness and temperature are two faces of the same coin***. Both of them, as figure – 1 shows, form a 11 year cycle; and, when temperatures jump to a record high of twenty years in 2019, the event of physics-domain has a parallel reflection even on the impact of consciousness on a living me – a biological entity. Notably, however, perceived Consciousness Maxima 18, 7, 96, 74 just follow the maximum-temperature-deviation years; those of 85 and 63 coincide with these; and, 52-Consciousness Maximum precedes the temperature maximum. The variation may be attributed, at best, to short lived biologically-impacting-maximum in an otherwise broad consciousness influx felt for long.

Biological impact

Some readings were taken randomly in a year to see the behavior of the fasting blood-sugar before and after my morning walk, empty stomach. The act taxed, mainly, my leg-muscles that availed maximum oxygen from the lungs and also maximum consciousness absorbed from the atmosphere by the lower limbs. During the standard normal action, oxygenated blood reaches the leg-muscles; and, used by these for burning the sugar in the blood equivalent to 162 calories (Fig.3). This causes a fall in the sugar level. [*In an empirical approach to quantify the loss and gain of the sugar content in blood, quantity of fast circulating blood was taken as 5 liters in my body, and sugar quantified as grams in five liters*

of fluid]. But, when consciousness is copious in the atmosphere, it impacts the body-system strongly during walk and overtakes oxygen based energy-generating function (Kreb’s cycle). Leg muscles are forced now to take to anoxic route for the needed energy quanta (pyruvate route). Sugar level doesn’t move to a lower value in the blood, then; instead, it moves up.

When temperatures soared to twenty year high during the 2017-2018-2019 consciousness-acme (Figure –1), impact and force of a commensurate rise in the consciousness energy is clearly seen (Fig. 3; Table –1). Oxygen burning of sugar during metabolism and its associated sugar-lows are common in my blood-sugar during late 2017 and early 2018. A steep rise in the consciousness level of 2018-acme shuts off, forcibly, my aerobic respiration around October/November ‘18; and, thereafter, the body-system is run by consciousness through anoxic energy route till June ‘19. Now, the blood adds sugar in the body regularly instead of its occasional depletion trend seen again in July ‘19 (Fig. 3).

Table – 1

Aerobic/Anaerobic Energy Generation Trend in Moring Walk of Consciousness-maximum-year 17-18-19

No.	Date	Pre-walk Sugar	After-walk Sugar	Difference in Quantity / 5 L	Aerobic (Ae)/ Anaerobic (An)
I	5.5.17	112 mg/ dl (5.1)*	108 mg/dl (5.4)*	+ 0.3	
II	7.5.17	136 (6.8)	120 (6.0)	- 0.8	Av. – 0.5
III	5.8.17	247 (12.35)	272 (13.6)	+ 1.25	An
IV	16.9.17	258 (12.9)	253 (12.65)	- 0.25	Ae
V	8.11.17	119 (5.95)	131 (6.55)	+0.6	An
VI	20.1.18	185 (9.25)	210 (10.5)	+1.25	An
VII	28.3. 18	156 (7.8)	133 (6.65)	- 1.15	Ae
VIII	25. 5. 18	121 (6.05)	131 (6.55)	+0.55	An
IX	11. 6.18	132 (6.6)	149 (7.75)	+0.85**	An **Exerc. Replac. wlk
X	20.7.18	298 (14.9)	282 (14.2)	- 0.7	Ae
XI	9.2.19	329 (16.45)	388 (19.4)	+2.95	An
XII	16.2.19	345 (17.25)	386 (19.3)	+2.05	An
XIII	20.2.19	369 (18.4)	387 (19.35)	+ 0.9	An
XIV	5.4.19	345 (17.25)	356 (17.8)	+0.55	An
XV	6.6.19	313 (15.65)	334 (16.7)	+1.05	
XVI	7.6.19	309 (15.45)	323 (16.15)	+0.7	Av. 0.87
XVII	1.7.19	312 (15.6)	303 (15.15)	-0.45	Ae
XVIII	3.7. 19	303(15.15)	295 (14.75)	-0.4	Ae

Malavika’s contribution on temperature deviation confirms and corroborates a human-felt observation on consciousness-fluctuation twenty years ago. It also points towards the possibility of a faster positive jumping of temperature–consciousness duo in coming decades like the terminal period of the Last Glaciation. Materializing of such a phenomenon of the rise of temperature and consciousness together today and in the future may repeat the extinction scenario at the end of the Last Glaciation. The trend of the present (Figs. 2, 3) forebodes of a likely extinction-event repeating on the earth in future. Such an event will affect the future of the living man too.

Will the existing man survive the recurrence of terminal Pleistocene warming commencing with the twenty-first century? It remains is a big but unresolved question after the trend of fast rising temperature and consciousness together is established, albeit only for

30 years. Big because it may wipe out man on the earth helplessly as it finished mammoths and mastodons; unresolved because it is too early to predict based on a rising trend of just 30 years about a future spanning into millennia.

There are studies available even now, however, that throw light on likely future events and enable us to visualize and speculate about answers on the question of our survival while braving the onslaught of human extinction.

Impact on old and children alike

Consciousness variation in the atmosphere is felt by me directly as I feel change in the temperature – high or low and rising or falling. I made an attempt to quantify it roughly through increase or decrease of anoxia in my blood-stream during morning walk. High consciousness level of atmosphere would force high consciousness intake; and, that in turn induce high anoxia reflected by addition of sugar in the blood as apparent in Table –1
 Perchance, consciousness level of Dehra Dun was felt as accelerating and adding to its strength fast during May end and early June this year. A glucometer was used to quantify the change on nearly daily basis from May Normal (28.5.19) to June Normal (19.6.19). The dates are pre-summer-solstice indicating the consciousness-peaking is independent of solar-radiation-maximum; and, unrelated to sun though, broadly, phenomenon falls in summer.

Table –2

Changes in the biological parameters of the author during May – June 2019

Date	Weight	BS (Fasting)	BS (Pre-supper)	Blood Pressure
26.5.19	58 Kg	255	--	150 (S) 60 (D) 54 (P)
27.5.19	--	256	--	--
28.5.19	--	--	331	--
30.5.19	--	292	--	139 58 52
			8.30 PM	141 48 59
31.5.19	--	305	--	--
1.6.19	--	325	--	--
2.6.19	--	307	--	--
3.6.19	--	335	600+ (missed supper)	--
4.6.19	57	310-7AM (after coffee only)	328-11AM*	--
5.6.19	56.5	306	439	125 65 68
6.6.19	57	313PW/334AW**	367	130 75 65
7.6.19	--	309/323	--	--
9.6.19	--	312	--	--
12.6.19	57	275	--	147 67 56
13.6.19		298	--	--
19.6.19	--	260	--	
20.6.19	--	271	--	

[* Food-intake 10 kcl; sugar addition by
 Consc. absorption. **Pre & After walk]

In my observation, consciousness energy was at peak on June 3rd (Box – 4). The supper was discontinued due to innate over-satiation in the biological system. Measurements confirmed the highest level of the consciousness of the year on the day as the anoxia-linked high blood sugar crossed 600 mg/d l (Table – 2). Narration below brings out the parallelism of symptoms induced by high consciousness impact on me and a five-year-aged child of my maidservant.

On the morning of June 4, when my wife was talking with the maidservant about my high blood sugar and discontinuing of supper, the woman too had a comparable story for her five years son, Avinash. “The child” she narrated, “Did not eat anything during whole day as he was feeling to be in fever (due to high consciousness-intake)”. In the evening the mother convinced him that the boy was wasn’t in fever and persuaded the child to eat something after missing the meal for the day. He refused to eat regular meal, however; but, after a long insistence ate a piece of cucumber instinctively. The fruit is a very low calorie stuff of about 5kcl/100g.

Consciousness impacts upon me and Avinash is comparable. If did not take the meal after instrumental measurement to cut down intake calories for reducing my peaking blood-sugar at 600+, the child did it instinctively under the grip of overflowing consciousness pumped in the body from head through annad (Box 3). He was feeling feverish due to energy impact. In either case the energy was absorbed from all the consciousness organs in the body – head, chest and legs – because of its very high level.

Perceptively consciousness is energy of peace soothing the mind and filling the body with feeling of overall satiation, relaxation and renunciation of all body-needs. Renunciation of food is a part its impact.

A strong feeling of closeness to death and desire to embrace it dawned upon me under high impact of consciousness (Box – 4). Death looked a very loving canopy of peace in my feelings. There is no lust, no desire, and no hunger in the soothing touch of a blissfully pleasing death was my experience. The Siberian pachyderm stopped eating grass and took to the lap of death with happiness, it looked. An active materialistic mind, however, did not let me sink deep in the realm of peaceful death. The psyche of the little child, under the command of his mother, could do nothing more for enjoying high cool of consciousness except to prolong its intake by choosing instinctively a low calorie food to avoid routinely induced agitation of a normal chow.

Human Adaptation of High Altitude

What would be first drastic effect on the earth when consciousness levels rise abnormally? The question is not difficult to answer; we can easily foresee a scenario comparable to rising of ground level by a few thousand meters because high altitudes display massive intergalactic cosmic-ray-impact compared to lowlands.

Some information is available even today about recent attempts of men for adapting Andean heights. “There is evidence that lowland peoples suffer some reduction in fertility when living at high altitudes. Spaniards living in the Andes found it difficult to have offspring.” Indians living there for generations have no such problem “but the death rate of females is unusually high (7, p.319). Postnatal growth in Andean population, however, is slow in comparison to the others adapting more easily habitable plains around Andean chain.

The above may also be the case when Jews or Ionians tried to adapt the Himalayan terrain of Jaunsar near Chakrata after they reached here in second millennium BC. Their case of adapting a polyandrous tradition, surviving till today, looks interesting. It was probably due to high mortality of female folk in a patriarchal community that reduced women to very few numbers; and, sexual starvation of masculine gender. This was the fate of

migrant Mesopotamian *Yavans/ Jauns** (Sanskrit) or Ionics/ Jews, adapting Jaunsar Himalayas (1000-3000m during 2500 -2000 BC). It compares with the like Red Indians settling on Andean Plateau in far older period.

A disaster finished the prosperities of Indus Valley and Mesopotamia almost simultaneously around 1900 BC. Communication between the two lands terminated; and the Ionics of Himalayas settled here forever.

Symptoms of Impact Visible?

Rooja is a cute little lady meeting me during my morning walk for over ten years while going barefoot to the temple every day. She was seen no more for a couple of months, however. I met her recently and enquired about her abstention from worship. The event figures in my notebook (11.6.19) “Met Rooja while coming home. Inquired about her health; and, later, about her asymptomatic illness because nothing looked wrong on her face. Her narration: first it was cervical (spondylitis); then, thyroid; and now numbness of her fingers. The doctor only wonders how these symptoms of eighties have crept into her at 40.” “I cannot walk up to the temple now” were the words concluding her communication.

A few days later, another female – a school teacher working at slightly higher elevation than Dehradun – visited me. Her problem at 53: she cannot walk much; tiredness fills her even after a short distance while walking. Both ladies are hit and suffering from symptoms of old age arriving otherwise long after reproductive age is over.

Dehra Dun is at an altitude of 500 meters; and the school teacher’s working place (ii case) is at 1000m. I am just wondering if this is not due to impact of *Consciousness Maximum 17-18-19* that has increased the effective biological elevation of the Himalayan territory suddenly in 2019 due to high consciousness impact. Possibly the two women have jumped to old-age-deterioration corresponding to the effect hitting the Ionic females who had tried to adapt the Himalayan heights some 4000 years ago.

Case of Diabetes, old-age-hyperglycemia and tissue degeneration among people these days is far more complex (8). It is being tackled by Prophet Dr Clique through management by confusion. Here, the medicos have increased all of a sudden about 1.3 billion additional heads – over a third of diabetic people world over. It is felt; a sizable number of the added population may indeed be suffering from Consciousness Induced Aging Symptoms (CIAS). It surely is related to high consciousness impact during the nineties and succeeding two decades of the present century. CIAS is no ailment; and, neither is there a drug for the men hit by it.

My maid-servant’s son forms a third type of case. Impact of high consciousness is killing his appetite; and, forcing him to abandon food. As seen in Andes, the impact causes retardation of body-growth among children, ill health and child-mortality.

The situation above indicates that an ominous extinction is on prowl. However, it may take additional two or three decades for a clear picture of its impact and damage.

* Yavan is a Sanskrit word of Ionics and its transformation is through Ionia →Yavaniya country (Yavan means its dwellers). Y to J transformation is typical in Yajurved; hence, words Jaun or Jew for Ionics. There was a vigorous trade between Mesopotamian and Harappan Prosperities during 2400 and 1900 BC (A) when Himalayan Timber was used extensively for ship-building. Jaun traders lifted the material from Himalayas and transported it to Lothal through Tons-Sindhu tract for further shipping to Mesopotamia. Tons was Their Jaun Tar (River) and the land around Jaun-Taar. The latter has transformed into Jaunsar (T →S transformation).

Modus Operandi of Mass Mortality

A feature common to all extinction waves is mass mortality in a short span that eliminates a couple or a large number of species on the earth. In the present case of mammalian extinction affecting mostly human beings, the agent of destruction is identified as consciousness which could kill us in large numbers in case the energy rises very fast and men ingest its large doses helplessly. It is also seen, on account of my blood data, that there is a spurt of energy in 17-18-19 Consciousness Maximum since November (Box -5); and, again in June when the value jumps to 600+ mg/dl.

The spurt of energy on November 5 continues till May 5 (six months); and, it flares again for ten days (31May to June 9) making the number of days no less than 191 in a year (365days) when the blood-sugar lies between 300 to 400 mg/dl for several days continuously. It can be managed with difficulty for homeostatic adjustments in the body system by cutting down the daily meal substantially. But a common man with such a hyperglycemic fasting sugar could reach to death-afflicting situations in Post-prandial condition without medication. Most men are not accustomed to starvation these days.

BOX - 5	
Fasting	Blood Sugar Values mg/dl
21.10.18:	117; 22 182; 25 199;26 217;
28	234; 30 254 1.11.18 272; 3 291; //
5	314; 20 347; 25 345 30.1.19 248
2.2.19	297; 4 306; 9 388; 16 386; 20
387; 26	370; 10.3.19 371; 13 370; 23
387; 5.4.19	356; 6 330; 17 328; 19 360
5.5.19	347 6 384; // 10 265; 11 292; 13
264; 15	296; 17 307; 23 240;25 294.

This is the condition under 17-18-19 Consciousness Maximum. In the next accelerated Maximum after 11 years the condition of human suffering on account of Old-age-hyperglycemia may turn invincible. Added to these will be expansive tissue degeneration and anoxia induced tiredness affecting the women even now. This may result into shorter life span and even mass-mortality after a decade or two during 2029 and 2040 Consciencs maxima

Death-embracing mind, wishing a peaceful death in meditation, arrives when the consciousness influx is very high; and, when my empty-stomach sugar level touched 600+ mg/dl. Such is the death chosen by a Yogi on Himalayan heights (6). Siberian Mammoth died probably under such a high influx of consciousness. This date, however, may be pretty far in the future from now to inflict mass mortality in ruling men.

Credits and Acknowledgements

A vital contribution in the article is by Hindustan Times and Malavika (Figure-1); the author acknowledges, here, their valuable role. Photograph of the extinct Siberian mammoth is lifted from Allward's THE AGE OF MAMMALS in Collins' BOOK OF NATURE. I thank them gratefully for the help availed by me from the two.

J.

Attadhistanam

June 23, 2019 / July 3, 2019.

References

- 1 Jagadishomrityunjay (1977) *Science of Consciousness*, Attadhasthanam, Dehradun. 275p.
- 2 Jagadishomrityunjay (2003) *Vedic River Systems*, ONGC Bulletin, v.40, n. 1, pp. 1-61.
- 3 Wambach, H. (1979) *Life Before Life* , Bantam Books, New York. 212 p.
- 4 Weiss, B (1988) *Many Lives Many Masters*, Piatkus Books, London. 219 p.
- 5 Jagadishomrityunjay (2008) *The Gods*, Attadhasthanam, Dehradun. 288 p.
- 6 Jagadishomrityunjay (2002) *Structure of Soul*, Attadhasthanam, Dehradun. 106 p.
- 7 Barnouw, V. (1977) *Physical anthropology and archeology*, The Dorsey Press, New York. 378 p.
- 8 Jagadishomrityunjay (2016) *Diabetes is no malady*, www. attadhasthanam.com 21p.

Footnote p.13

- A Asthana, S. (1979) *Indus –Mesopotamian Trade: Nature of Trade and Structural Analysis of Operating System* In ISPQS' History and Archaeology Series, Vol.5: Esseys in Indian Protohistory (D.P. Agrawal & D. k. Chakrabarti Editors), pp.31-43.